

Discussion Questions

August 3, 2025

ANCHORED

Holding on to Faith, Hope and Peace amid the storms of life



Anchored in Hope: Hebrews 6:11-20

We looked at Hebrews 6 to see how Biblical hope is not the world's wishful thinking, but a "firm and secure anchor for the soul." We learned this hope is trustworthy because it's based on two unchangeable things: God's promise and God's oath, demonstrating His absolute faithfulness. The reason our anchor holds through any storm is that Jesus, our forerunner, has already gone ahead of us. He carried our hope through the curtain and fastened it securely into the bedrock of the very throne room of God, guaranteeing our eternal security in His presence.

1. Discuss the differences between worldly hope (wishful thinking or desire) and Biblical hope.
2. Read Hebrews 6:13-18. The passage emphasized that God gave both a promise to Abraham & his descendants and then doubled down and swore an oath .
What is the promise referred to here?

Why was this double promise of a God who does not lie, so significant to the original Jewish-Christian audience, and why do you think God went to such lengths to show His promise was secure?
3. Read Hebrews 6:19-20. The passage ties hope to God's promise and oath, Jesus' sacrifice (tearing the curtain), and eternal access to God's presence. In this context, what does hope practically mean for a believer facing suffering, loss, or doubt?
4. The sermon painted a picture of Jesus as our "forerunner," like an expert rock climber who has gone ahead to do the impossible work for, pulling us by His Strength not ours, and anchored our hope in the bedrock of God's presence. How does viewing Jesus not just as a Savior from the past, but as an active forerunner who is currently in God's presence securing our way, impact how you approach your daily anxieties, weaknesses, doubts or feelings of being "stuck"?
5. Read Lamentations 3:16-24. Jeremiah declares hope in God's faithfulness amid total ruin. What does this teach us about anchoring our hope in God's character rather than our circumstances? Share a personal "rubble" moment where you had to "call to mind" God's steadfast love.
6. What role should community play in helping to keep us remain anchored in this hope? Discuss how we as a group can grow in that.
7. Preach to Your Own Soul: Jeremiah "called to mind" God's faithfulness (Lamentations 3:21).
What truths from Scripture do you need to "preach" to yourself right now (e.g., when facing anxiety, doubt, or loss)? How can being in the Word or around others help with this?

Christian hope is not a flimsy wish, but a firm anchor for the soul because this anchor of hope is forged from God's unchanging promises and fastened securely within the very presence of God by Jesus Christ Himself.

Hebrews 6:19 (NIV)

We have this hope as an anchor for the soul, firm and secure.

Hebrews 6:13-14 (NIV)

For example, there was God's promise to Abraham. Since there was no one greater to swear by, God took an oath in his own name, saying: "I will certainly bless you, and I will multiply your descendants beyond number."

Hebrews 6:15 (NIV)

Then Abraham waited patiently, and he received what God had promised.

Hebrews 6:16-18

Now when people take an oath, they call on someone greater than themselves to hold them to it. And without any question that oath is binding. God also bound himself with an oath, so that those who received the promise could be perfectly sure that he would never change his mind. So God has given both his promise and his oath.

Genesis 22:16-18 (NLT)

Because you have obeyed me and have not withheld even your son, your only son, I swear by my own name that I will certainly bless you. I will multiply your descendants beyond number, like the stars in the sky and the sand on the seashore. Your descendants will conquer the cities of their enemies. And through your descendants all the nations of the earth will be blessed - all because you have obeyed me.

Hebrews 6:18 (NLT)

These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us.

Hebrews 6:19 (NIV)

We have this hope as an anchor for the soul, firm and secure.

What is the hope?

God is faithful
He keeps His promises
We are God's treasured People
God is with us
He will never leave us or forsake us
Our eternal inheritance is in Him

Hebrews 6:19-20 (NIV)

We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek.

Lamentations 3:16–20 (NIV)

[God] has broken my teeth with gravel; he has trampled me in the dust... So I say, "My splendor is gone and all that I had hoped from the Lord." I remember my affliction and my wandering, the bitterness and the gall. I well remember them, and my soul is downcast within me.

Lamentations 3:21–24 (ESV)

*But this I call to mind, **and therefore I have hope:** The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him."*

The Anchor Holds - by Ray Boltz

The anchor holds,
Though the ship is battered.
The anchor holds,
Though the sails are torn.

I have fallen on my knees as I face the raging seas;
The anchor holds in spite of the storm.

I've had visions, I've had dreams,
I've even held them in my hand;
But I never knew they would slip right through,
Like they were only grains of sand.

The anchor holds,
Though the ship is battered.
The anchor holds,
Though the sails are torn.

Hold Fast to the Anchor of Hope:

1. We must "preach to our own souls"
2. We must look to our Forerunner, Jesus
3. We must hold fast together in community

